

Neurodiversity Resource Guide

RESOURCES FOR THE CHICO STATE COMMUNITY

Neurodiversity is a natural part of our community. Our communication and design choices affect accessibility. Existing resources at Chico State - and beyond - can support you.

BASIC DEFINITIONS

Neurotype refers to the specific way(s) in which someone's brain works.

Neurodiversity refers to the natural diversity of neurotypes among people.

Neurodivergent refers to a person – or group of people – with a minority neurotype.

Neurotypical refers to a person – or group of people – with a majority neurotype.

NEURODIVERGENCE AND INTERSECTIONALITY

An individual's intersectionality (overlapping identities and experiences, such as race, gender, socioeconomic status, and sexuality) goes hand-in-hand with neurodivergence experience.

NEURODIVERGENCE IN THE CHICO STATE COMMUNITY

- Between 1,930 and 2,573 undergraduate students (out of 12,866 total)
- Between 170 and 227 graduate students (out of 1,133 total)
- Between 134 and 179 faculty members (out of 895 total)
- Between 134 and 179 staff members (out of 899 total)

THE NEURODIVERGENCE PARADIGM

1. It is natural and valuable for people to have different neurotypes.
2. One neurotype is not inherently better than another.
3. Neurodiversity, like all forms of diversity, is a source of creativity and possibility.

INTEGRATING NEURODIVERGENT PERSPECTIVES

There are multiple ways to represent neurodivergent viewpoints in campus settings, such as talking about neurodivergent professionals in the field or talking more generally about neurodivergence in conversations.

Avoid ableism and outdated words or terms, such as “high-functioning/low-functioning” or “special needs.”

RESPECTING NEURODIVERGENT IDENTITY

Neurodivergent and disabled individuals often use different terms to describe themselves. If you don't know someone's preferences (e.g. Autistic person, person with autism), ask!

DISCLOSING YOUR NEURODIVERGENCE

When disclosing your neurodivergence, advocate for your safety and best interest. When someone discloses to you, keep that information confidential unless given permission to share. Ask what kind of support, if any, the person appreciates.

UNIVERSAL DESIGN FOR LEARNING

Proactively implement Universal Design for Learning to increase access for all students through engagement, representation, and action and expression. You can find more information at udlguidelines.cast.org.

NOT SURE WHERE TO START? CHAT WITH ONE OF US!



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SSC 270



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CHICO STATE CAMPUS RESOURCES

Accessibility Resource Center (ARC)
SSC 170 | 530-898-5959
arcdept@csuchico.edu

Diversity Career Resources
SSC 270 | 530-898-5253
careercenter@csuchico.edu

Center for Technology Equity
MLIB 163 | 530-898-6282
Email: techequity@csuchico.edu

Neurodiversity & Disability Club
chicostateneurosocialclub@gmail.com

Neurodiversity and Disability Faculty Staff Association
ndtaskforce@csuchico.edu

Student Learning Center
SSC 340 | 530-898-6839
Email: slc@csuchico.edu

WellCat Counseling Center
SSC 430 | 530-898-6345
counselingcenter@csuchico.edu

WellCat Health Center
601 Warner St. | 530-898-5241

FOR A LIST OF
MORE RESOURCES,
INCLUDING THOSE
OFFERED OUTSIDE
OF CHICO STATE,
PLEASE SCAN THE
QR CODE →

